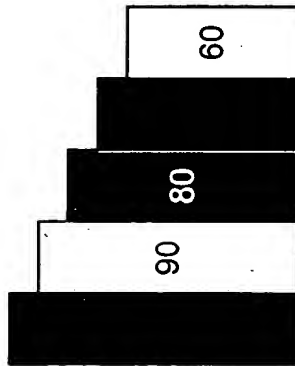


# DRAWING A

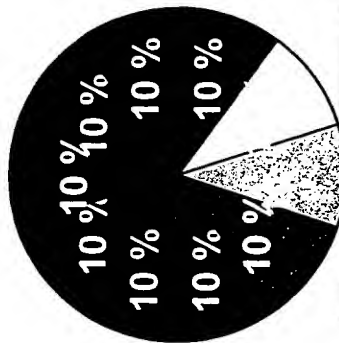
## GWFS: DISPLAY SCREEN

Shows up to the moment value and historical change over time (of any workout parameter measured)

CALORIES CONSUMED PER 100 BEATS



WEEKLY IMPROVEMENT, IN SECONDS



ANNUAL % OF MONTHLY MILES

The graphs also depict up-to-the minute current performance relative to any previous performances, in real time.

The buttons provide additional touch-sensitive functionality for users.

Yesterday  
Today

SELECT ITEM

SHOW OPTIONS

CHANGE MODE

ESCAPE, GO BACK

END WORKOUT

SCREEN DIVIDER

This section presents the 'virtual competition' by depicting in the same time/space, one sprite for each previous workout competitor.

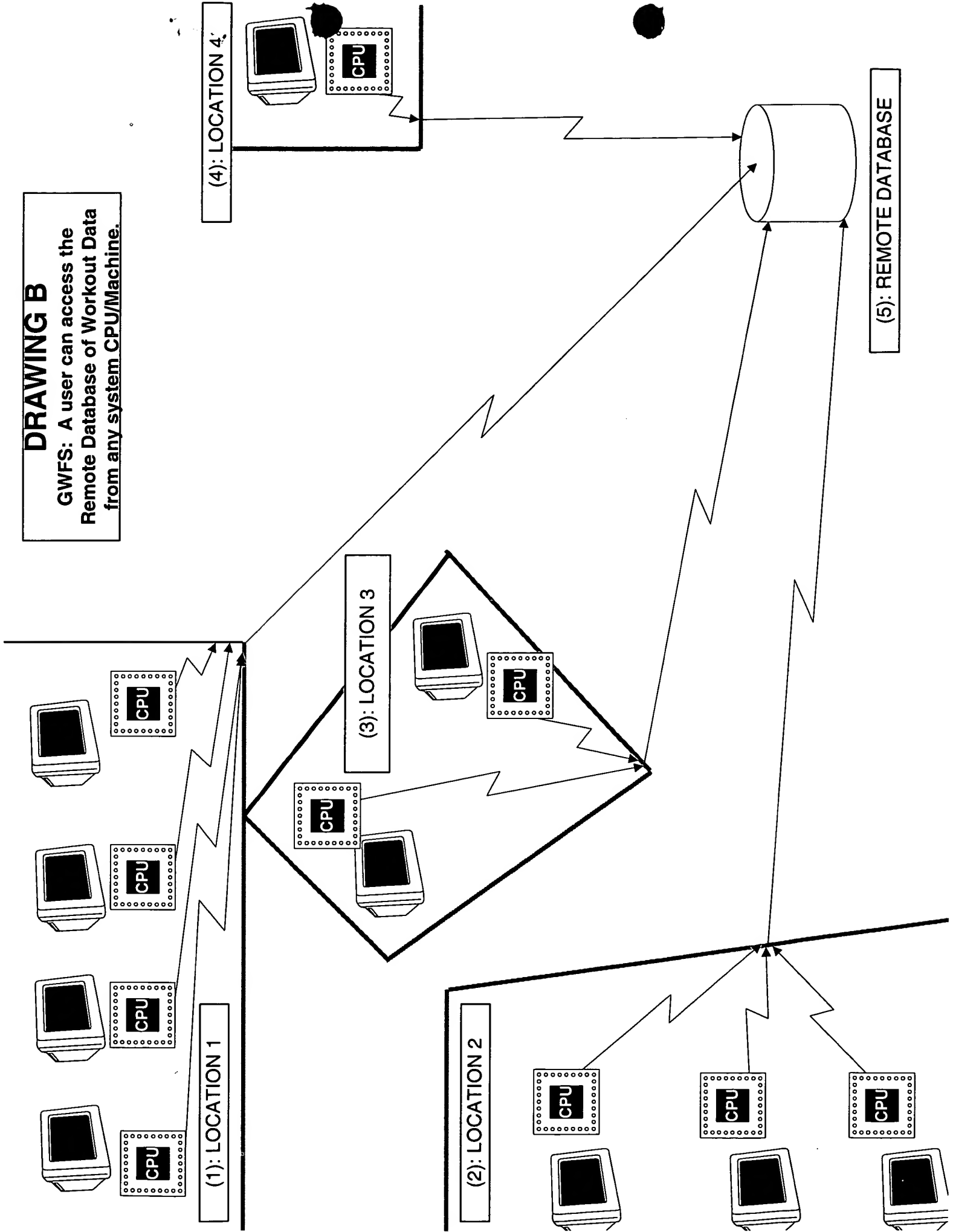


TEN DAYS AGO

VIRTUAL TRACK

## DRAWING B

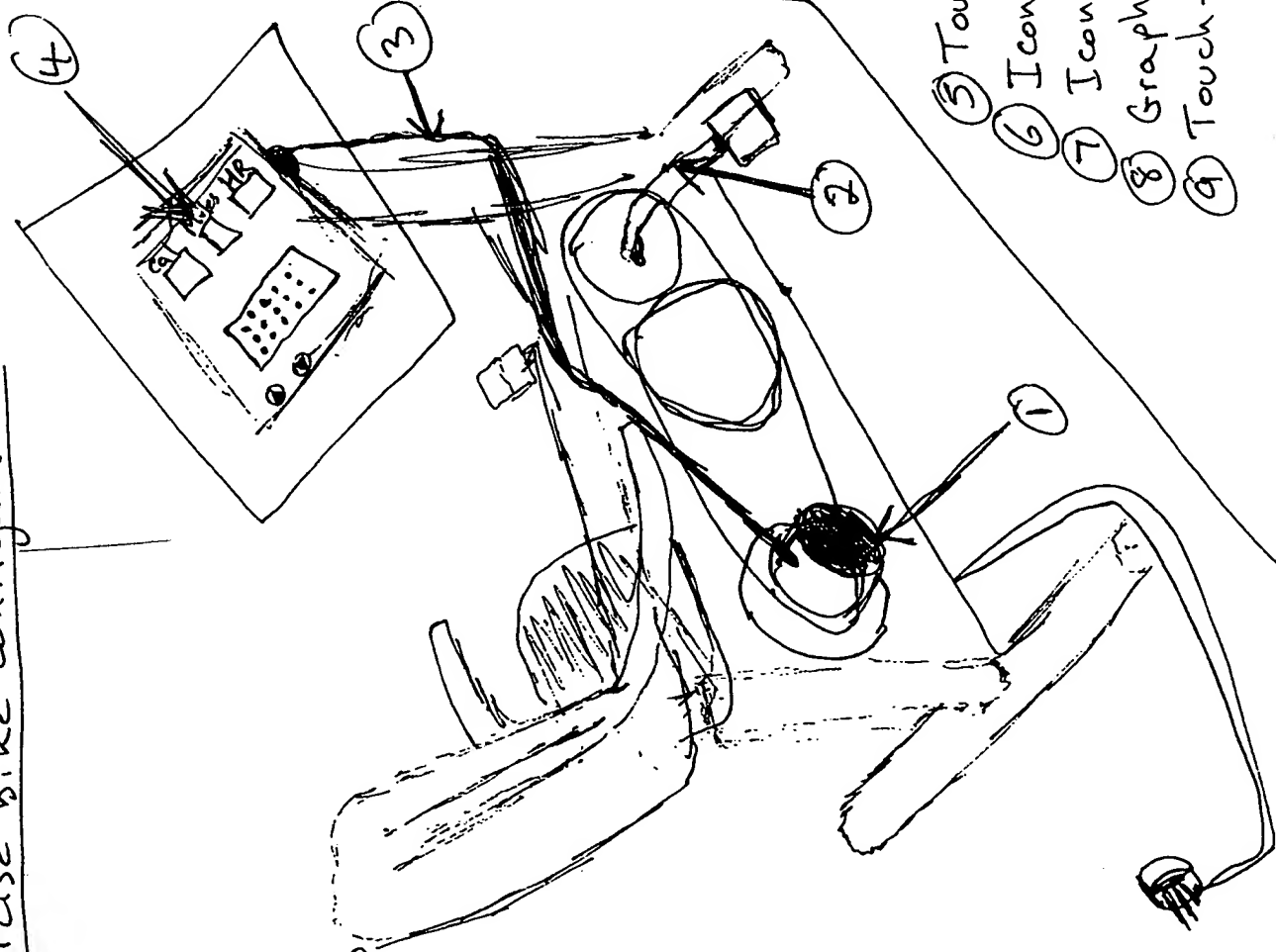
GWFS: A user can access the Remote Database of Workout Data from any system CPU/Machine.



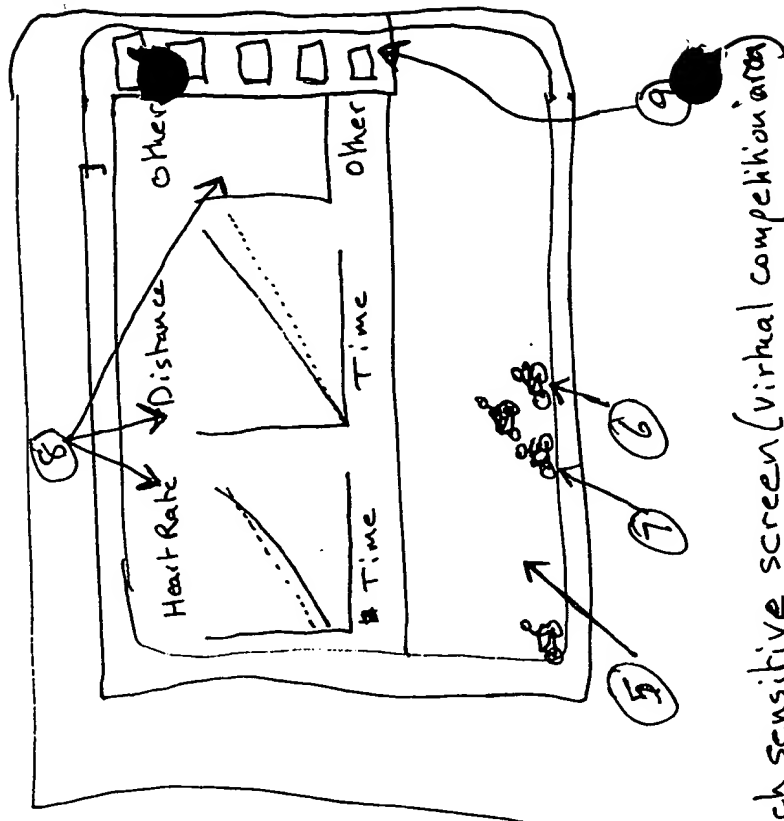
# DRAWING C

Standard or Typical  
Exercise bike configuration.

- ① Alternator
- ② pedal
- ③ Wire connecting Alternator to display



The proposed GWFS is attached to an exercise machine and shown as item (4) in the drawing on the left.



- ⑤ Touch sensitive screen (virtual competition area)
- ⑥ Icon representing today's workout.
- ⑦ Icon representing yesterday's workout.
- ⑧ Graphical depictions of workout variables.
- ⑨ Touch-sensitive functional area

FIGURE 7

